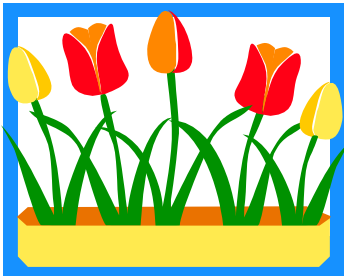




## In This Issue

- Onlays
- Monthly Drawing
- Reasons to Smile
- Dental Comic
- Cavity-Free Club

**Main Street  
Family  
Dentistry, PC**  
712 West Main  
Street  
Suite 100  
Plainfield, Indiana  
46168  
317-839-5500



Each quarter we have a drawing and randomly select one patient who has referred another patient and one patient who has had treatment completed.

This quarter's winners are  
**Matt McLean**  
and  
**Kevin Vaughn**

## Onlays

An onlay is similar in strength and procedure to a crown (also called a cap) but is more conservative and preserves more of the natural tooth than a crown. An onlay is needed when decay or fracture incorporates a larger area of the tooth or when a cusp is damaged. The amount of tooth remaining would not be strong enough to hold a very large filling but may be too healthy to reduce for a full crown. An onlay is an indirect restoration which incorporates a cusp or cusps by covering or laying over the missing tooth cusps and center of the tooth. The onlay allows for conservation of tooth structure when a restoration stronger than a filling is needed. Onlays are fabricated outside of the mouth and are typically made out of gold or porcelain. Gold restorations have been around for many years and have an excellent track record but cosmetically don't appeal to most people. In recent years, newer types of porcelains have been developed that seem to rival the longevity of gold but look like a natural teeth. In the past, onlays had to be made in a dental laboratory and the patient had to wear a temporary onlay for a couple weeks until the lab onlay returned. Now, we have the technology and equipment to make a custom-fit onlay in our own office. This can usually be done in one appointment and cemented in place the very same day. Below, is a picture of a tooth with an onlay.



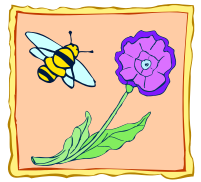
## 10 Reasons to Smile

1. Smiling makes you more attractive.
2. Smiling changes your mood.
3. Smiling is contagious.
4. Smiling relieves stress.
5. Smiling boosts your immune system.
6. Smiling lowers your blood pressure.
7. Smiling releases endorphins.
8. Smiling makes you look younger.
9. Smiling gives the appearance of success.
10. Smiling helps you stay positive.

**Go smile at someone!**



# Main Street Family Dentistry



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**Name: Paige R.**  
**Age: 10**  
**Siblings: 2 Sisters**  
**Pets: A dog named Pokey**  
**Hobbies: Girl Scouts, Tap Dancing, and Choir**  
**Sports: Tap Dancing**  
**Future Career: Beautician**



**Cavity- Free Club**  
**Age 16 and under**  
**Dec. 14th— March 14th**

Ahmad, Saleh

Gilbert, Christopher

Mott, Abigail

Schwarz, Devin

Amos, Luke

Gore, Ethan

Mott, Jace

Scrougham, Howard

Angle, Alex

Gore, Leslie

Moyano, Lillie

Sherman, Hayden

Arell, Evan

Hall, Ethan

Mulligan, Leah

Sherman, Jolee

Arnett, Jacob

Hamood, Stella

Naaman, Brock

Sherman, Mailee

Arnett, Peter

Hand, Lauren

Naaman, Drake

Spears, Cory

Arnett, Ruby

Horner, Austin

Naaman, Landon

Spires, Noel

Badar, Isra

Horner, Lilly

Naaman, Mason

Stowers, William

Badar, Sidrah

Karam, Isaac

Naaman, Natalie

Sumner, Chloe

Baver, Megan

Karam, Noah

Nagel, Faith

Thomas, Kara

Beyers, Autumn Nicole

Kessinger, Alex

Naue, Karsyn

Thomas, Kylar

Boettger, Sophia

Kessinger, Isaac

Norman, Carly

Tyree, Briley

Bower, Emily

Kinnamon, Brock

Norman, Gavin

Vega, Jillian

Bower, Rebecca

Kinnamon, Victoria

Norman, Michael

Vega, Johanna

Boyd, Kiara

Kline, Gina

Pannel, Adam

Wiles, Kierra

Bradford, Cali

Kreitzer, Aubrey

Partida, Mariana

Clark, Garrett

Lautenschlager, Riley

Popov, Victor

Cox, Kelsay

Machin, SarahAnn

Porro, Lorea

Davis, Kasey

Magers, Madailyn

Purtee, Jessica

Dickman, Spencer

Maluck, Andrew

Purtee, Taylor

Dickman, Zachary

Maluck, Elizabeth

Reider, Logan

Eckroth, Isaiah

Maluck, Samantha

Rittenhouse, Abraham M

Eckroth, Josiah

Mang, Sarah

Roberts, Michael

Edwards, Lyndsey

Martin, Aiden

Roquet, Kelsey

Egendoerfer, Eli

Martin, Amelia

Roquet, Kyra

Ellis, Megan

Martin, Isak

Roquet, Paige

Evans, Connor

McCarty, Gabrielle C

Santos, Adam

Evans, Morgan

Meyer, Wesley

Schmidt, Collin

Everett, Megan

Miller, Anna

Schmidt, Hayden

Miller, Rylee

Schoeff, Kellen

Schoeff, Quinten

